



# PSALMS

*THE SOUNDTRACK OF A GODLY LIFE*





Fret not yourself because of evildoers;

be not envious of wrongdoers!

<sup>2</sup> For they will soon fade like the grass

and wither like the green herb.

<sup>3</sup> Trust in the Lord, and do good;

dwell in the land and befriend faithfulness.

<sup>4</sup> Delight yourself in the Lord,

and he will give you the desires of your heart.



**PSALM 37**



- <sup>5</sup> Commit your way to the Lord;  
trust in him, and he will act.
- <sup>6</sup> He will bring forth your righteousness as the light,  
and your justice as the noonday.
- <sup>7</sup> Be still before the Lord and wait patiently for him;  
fret not yourself over the one who prospers in his way,  
over the man who carries out evil devices!



**PSALM 37**



<sup>8</sup> Refrain from anger, and forsake wrath!

Fret not yourself; it tends only to evil.

<sup>9</sup> For the evildoers shall be cut off,

but those who wait for the Lord shall inherit the land.

<sup>10</sup> In just a little while, the wicked will be no more;

though you look carefully at his place,

he will not be there.



**PSALM 37**



<sup>11</sup> But the meek shall inherit the land  
and delight themselves in abundant peace.

<sup>12</sup> The wicked plots against the righteous  
and gnashes his teeth at him,

<sup>13</sup> but the Lord laughs at the wicked,  
for he sees that his day is coming.

<sup>14</sup> The wicked draw the sword and bend their bows to bring  
down the poor and needy, to slay those whose way is upright;



**PSALM 37**



- <sup>15</sup> their sword shall enter their own heart,  
and their bows shall be broken.
- <sup>16</sup> Better is the little that the righteous has  
than the abundance of many wicked.
- <sup>17</sup> For the arms of the wicked shall be broken,  
but the Lord upholds the righteous.
- <sup>18</sup> The Lord knows the days of the blameless,  
and their heritage will remain forever;



**PSALM 37**



<sup>19</sup> they are not put to shame in evil times;

in the days of famine they have abundance.

<sup>20</sup> But the wicked will perish; the enemies of the Lord are

like the glory of the pastures;

they vanish—like smoke they vanish away.

<sup>21</sup> The wicked borrows but does not pay back,

but the righteous is generous and gives;



**PSALM 37**



22 for those blessed by the Lord shall inherit the land,  
but those cursed by him shall be cut off.

23 The steps of a man are established by the Lord,  
when he delights in his way;

24 though he fall, he shall not be cast headlong,  
for the Lord upholds his hand.

25 I have been young, and now am old, yet I have not seen  
the righteous forsaken or his children begging for bread.



**PSALM 37**



26 He is ever lending generously,  
and his children become a blessing.

27 Turn away from evil and do good;  
so shall you dwell forever.

28 For the Lord loves justice;  
he will not forsake his saints.

They are preserved forever,  
but the children of the wicked shall be cut off.



**PSALM 37**



29 The righteous shall inherit the land  
and dwell upon it forever.

30 The mouth of the righteous utters wisdom,  
and his tongue speaks justice.

31 The law of his God is in his heart;  
his steps do not slip.

32 The wicked watches for the righteous  
and seeks to put him to death.



**PSALM 37**



33 The Lord will not abandon him to his power  
or let him be condemned when he is brought to trial.

34 Wait for the Lord and keep his way,  
and he will exalt you to inherit the land;  
you will look on when the wicked are cut off.

35 I have seen a wicked, ruthless man,  
spreading himself like a green laurel tree.



**PSALM 37**



36 But he passed away, and behold, he was no more;  
though I sought him, he could not be found.

37 Mark the blameless and behold the upright,  
for there is a future for the man of peace.

38 But transgressors shall be altogether destroyed;  
the future of the wicked shall be cut off.



**PSALM 37**



39 The salvation of the righteous is from the Lord;  
he is their stronghold in the time of trouble.

40 The Lord helps them and delivers them;  
he delivers them from the wicked and saves them,  
because they take refuge in him.



**PSALM 37**



## ***Wisdom Topics in Psalm 37***

### ***Focus on God: v. 7***

***7 Be still before the Lord and wait patiently for him;  
fret not yourself over the one who prospers in his way,  
over the man who carries out evil devices!***

### ***Having a little God is better than a lot with the world: v. 16***

***16 Better is the little that the righteous has  
than the abundance of many wicked.***



**PSALM 37**



## ***God will care for the righteous: v. 39-40***

<sup>39</sup> The salvation of the righteous is from the Lord;  
he is their stronghold in the time of trouble.

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he delivers them from the wicked and saves them,  
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**PSALM 37**



## ***2 Corinthians 3:18:***

And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.



**PSALM 37**



## **1 John 4:20:**

If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen.



**PSALM 37**



***Hebrews 10:24:***

And let us consider how to stir up one another to love  
and good works,



**PSALM 37**



***“Nothing in all the world is more dangerous than sincere ignorance and conscientious stupidity.”***

Dr. Martin Luther King Jr.  
Strength to Love (1963) ch. 4



**PSALM 37**





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